



# PERSONAL CARE MENU

Updated:  
3/1/2026



**PERSONAL CARE MENU**  
**À-LA CARTE SERVICES**

À la carte services are priced for **single-use requests**. If services are required more regularly, please consider one of our **bundled care packages**, which offer greater value and consistency of care.

Care can be provided as **either full-service or partial-service support**, depending on each elder's individual needs.

<b>Care Service Description</b>	<b>Single Cost</b>
<b>GOOD MORNING PARTIAL ASSISTANCE</b>	
Support elder with morning routine including oral hygiene, hair care, use of electric razor, putting in hearing aids, prepping clothing, towels, making everything accessible and making the bed.	<b>\$14.00</b>
<b>GOOD MORNING FULL ASSISTANCE</b>	
Full assistance with morning routine including assistance with dressing, washing, oral hygiene, hair care and use of electric razor, putting in hearing aids, assistance with special supportive devices (i.e. anti-emboli stocking, prosthetic) and making bed.	<b>\$18.00</b>
<b>GOODNIGHT PARTIAL ASSISTANCE</b>	
Support elder with evening routine including oral hygiene, hair care, taking out hearing aids, placing day clothing in hamper, prepping pajamas, and turning down the bed.	<b>\$14.00</b>
<b>GOODNIGHT FULL ASSISTANCE</b>	
Full assistance with evening routine including assistance with undressing and putting on pajamas, oral hygiene, hair care, taking out hearing aids, assistance with special supportive devices (i.e. anti-emboli stocking, prosthetic) and turning down the bed.	<b>\$18.00</b>
<b>SHOWER PARTIAL ASSISTANCE</b>	
Support elder with showering including supporting in and out of the shower, gathering shower supplies, making everything easily accessible and support with washing and drying.	<b>\$18.00</b>
<b>SHOWER FULL ASSISTANCE</b>	
Full assistance with showering including washing, drying and dressing, use of electric shaver, as well as assistance with special supportive devices (i.e. anti-embolism stocking, prosthetic).	<b>\$22.00</b>
<b>CONTINENCE PARTIAL ASSISTANCE</b>	
Support with continence care including routine cueing and/or reminders with toileting, adjusting clothing, having incontinence pads easily accessible, maintaining daily bowel records. Support offered during the day and the night.	<b>\$18.00</b>
<b>CONTINENCE FULL ASSISTANCE</b>	
Full assistance with continence care including routine cueing and/or reminders with toileting, adjusting clothing, incontinence pad assistance, perineal assistance, cleaning catheter, ileostomy, colostomy assistance, bowel routine per physician's order.	<b>\$36.00</b>

<b>MEDICATION ADMINISTRATION (TWICE DAILY)</b>	
Medication administered by staff twice daily including oral medication, eye/ear drops, puffers and medicated patches. (Does not include injections.)	<b>\$14.00</b>
<b>MEDICATION ADMINISTRATION (THREE TIMES DAILY)</b>	
Medication administered by staff three times daily including oral medication, eye-ear drops, puffers and medicated patches and assisting with blood sugars. (Does not include injections.)	<b>\$18.00</b>
<b>TRANSFER ASSISTANCE</b>	
Assistance with 1-person transfers (no lifts). Elder is able to partially bear weight at least through one leg or both arms to move from one surface to another.	<b>\$18.00</b>
<b>AMBULATORY ASSISTANCE</b>	
Daily support for elders who can walk but need support and supervision to do so safely. (e.g. HWA walking beside an elder.)	<b>\$24.00</b>
<b>ADDITIONAL CARE SERVICES - STOCKING APPLICATION AND REMOVAL</b>	
Assistance with the application of anti-embolism stockings in the morning and removal in the evening per physician's order.	<b>\$40.00</b>
<b>ADDITIONAL MEDICATION ADMINISTRATION – INJECTIONS (x1)</b>	
	<b>\$15.00</b>
<b>ADDITIONAL HEALTH &amp; WELLNESS ASSISTANCE SUPPORT (30 mins)</b>	
	<b>\$20.00</b>
<b>ADDITIONAL NURSE SUPPORT (30 mins)</b>	
	<b>\$40.00</b>
<b>ADDITIONAL PERSONAL LAUNDRY SERVICE (1 load)</b>	
	<b>\$10.00</b>
<b>ADDITIONAL HOUSEKEEPING SERVICE (1 hour)</b>	
	<b>\$35.00</b>
<b>MEAL TRAY DELIVERY (no charge if due to temporary illness)</b>	
	<b>\$10.00</b>
<b>TRANSPORTATION</b>	
Transportation is available with or without accompaniment and is dependent on availability.	Prices vary by destination

### BUNDLE PACKAGES – PERSONAL CARE SERVICES

Package Type	Included Services	Monthly Cost
<b>COMFORT</b>	<ul style="list-style-type: none"> <li>✓ Good Morning Partial Assistance (daily)</li> <li>✓ Goodnight Partial Assistance (daily)</li> <li>✓ Shower Partial Assistance (2/week)</li> <li>✓ Medication Administration (twice daily)</li> <li>✓ Continance Partial Assistance (daily)</li> </ul>	<b>\$1,750.00</b>
<b>DELUXE</b>	<ul style="list-style-type: none"> <li>✓ Good Morning Full Assistance (daily)</li> <li>✓ Goodnight Full Assistance (daily)</li> <li>✓ Shower Full Assistance (2/week)</li> <li>✓ Medication Administration (three times daily)</li> <li>✓ Continance Full Assistance (daily)</li> <li>✓ Ambulatory Assistance (daily)</li> </ul>	<b>\$3,200.00</b>